Interested in learning more about trauma assessments or treatment here at CFS? Call us today, we are here to help!

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Petes’s Place
Youth Shelter
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Traverse City, MI 49686
231 922 4800
800 442 7315 (toll free, 24/7)

Gaylord
Old Town Psychological
128 N. Court Avenue
Gaylord, MI 49735
231-342-4143

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Our child welfare, counseling, and shelter programs are accredited by CARF International, assuring the more than 2,500 businesses, individuals, and organizations who contributed to our work last year of our commitment to clinical, administrative, and fiscal excellence.

commitment to excellence
Overcoming Trauma

Adverse Childhood Experiences (ACEs), such as witnessing or experiencing abuse or neglect, addiction, homelessness, or divorce, have proven to keep a child’s brain from developing properly and increase the likelihood of chronic disease, mental illness, substance abuse, and violence.

Children exhibit the effects of trauma in many different ways, including behavior issues in the classroom and at home, nightmares or sleepwalking, hypervigilance, bed-wetting, delayed developmental milestones, and the inability to regulate their emotions.

We’ve learned that children are not trying to “push our buttons” or be “bad” with their behaviors. They are reacting to triggers they associate with trauma.

The CFS Child Trauma Assessment and Treatment Center is here to help.

We needed help to understand and cope with the kids’ behaviors resulting from trauma. The kids needed help in expressing their thoughts, emotions, and to learn coping strategies. Our therapist from CFS truly helped our entire family.

-Emily, foster parent

Mission

Our services support the safety and well-being of children, youth, adults, and families in times of crisis, challenge, and life transition.

Trauma Assessment

Child & Family Services’ Trauma Assessment & Treatment Center provides transdisciplinary trauma assessments to children and adolescents. Our specially trained clinicians serve children ages 2-18 and accept referrals from the Department of Health and Human Services, pediatricians, school personnel, local courts, behavioral health providers, and families in need of comprehensive, trauma-based assessment services.

Assessments evaluate intelligence, speech and language skills, fine and gross motor skills, sensory processing, trauma exposure and its effects, behavioral changes, depression, anxiety, attention difficulties, and fetal alcohol effects. We individualize each assessment and select the appropriate tools based upon the need of the child. After each assessment, comprehensive reports are created, detailing findings and recommendations that are shared with caregivers and referral sources.

Trauma Treatment

CFS provides trauma-informed treatment in addition to assessments. Counseling appointments are scheduled daily. For more about trauma-informed treatment, or to schedule an appointment with a therapist, contact our Behavioral Health Department.

Many insurance providers are accepted. Please talk with us if you’re concerned about paying for services.

Contact us

www.cfsnwmi.org/behavioralhealth

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